

## SIMPLE 2-INGREDIENT BAKED SALMON WITH HERB BUTTER



**Oven Temp:** 350°F

**Cook Time:** 30-35 minutes

**Prep time:** 1 hour 15 Minutes

**Source:** Liz Chandler  
purlsandpixels.com

**Yield:** 1 Fillet = 1 Serving

**Notes:** No thawing required! This recipe works perfectly with frozen salmon straight from the freezer.

**Use a cooking thermometer to check doneness.**

**Add fresh lemon to your portion before eating for extra zest.**

### Ingredients

**Frozen Salmon Fillet**  
**Herb Butter (like Kerrygold Garlic & Herb Butter)**

### Directions

1. Preheat your oven to 350°F.
2. Line a baking sheet or glass baking dish with parchment paper.
3. Place the frozen salmon fillet on the parchment paper.
4. Top with herb butter (let it slowly melt into the fish as it bakes).
5. Bake for 30-35 minutes, or until the internal temperature reaches 145°F.
6. Serve and enjoy!