

Gratitude Blanket

Baby, Throw, and Queen Size.

A Knitting Pattern by Liz Chandler @PurlsAndPixels



About This Pattern

Wrap yourself in a year of joy with a Gratitude Blanket project. This knitting pattern is also a mindful journey that transforms your daily moments of gratitude into something tangible and cozy. Chunky yarn and simple garter stitch make this project perfect for quiet, joyful reflection

Using three meaningful colors (peaceful blue for serene moments, joyful yellow for happy surprises, and growth-inspired green for personal victories), you'll knit one simple row for each grateful thought. Or choose the three colors that inspire you most.



Gratitude Blanket



Sizes:

Baby, Throw, and Queen Size

Gauge:

12 stitches x 15 rows = 4 x 4 inches in Stockinette Stitch on No. 13 (9.0 mm) needles.

Yarn Suggestions:

Use a soft yarn fiber for this project, such as acrylic, wool, silk, alpaca, or a soft fiber blend.

Materials

Knitting Needles

- 36-inch (41cm) long US No. 13 (9 mm) circular needle (or size needed to obtain gauge)

Yarn

- **Three to six 129-yard (8 ounce) skeins** of super bulky weight (No. 6) yarn* in your **three favorite colors** (shown in "Air Force," "Mustard," and "Succulent" Hometown Super Bulky Yarn by Lion Brand).
 - Baby size uses about 9 skeins of super bulky yarn
 - Throw size uses about 15 skeins of super bulky yarn
 - Queen size uses about 18 skeins of super bulky yarn

Measuring tape
Tapestry needle

Abbreviations

- k = knit

**Weights estimated with Hometown Super Bulky Yarn by Lion Brand; other yarn weights may vary.*

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Instructions: Baby Size Gratitude Blanket

(40 inches x 40 inches or desired length)

Instructions: Use the long tail cast on. Knit flat, turning after each row. Make color changes as your joyful memories change. You can start a new row or just start knitting mid-row with a new, happy color for each knitting session.

Row 1: Cast on 146 stitches. (146 stitches) Turn.

Rows 2 – 159: k 146. (146 stitches). Turn. [Work should measure 39.75 inches at this point]

Row 160: Bind off loosely.

Cut yarn, leaving an 8-inch (20.32-cm) tail, and pull through. Weave in ends. Block if desired.

Instructions: Throw Size Gratitude Blanket

(50 inches x 60 inches or desired length)

Instructions: Use the long tail cast on. Knit flat, turning after each row. Make color changes as your joyful memories change. You can start a new row or just start knitting mid-row with a new, happy color for each knitting session.

Row 1: Cast on 182 stitches. (182 stitches) Turn.

Rows 2 – 239: k 182. (182 stitches). Turn. [Work should measure 59.75 inches at this point]

Row 240: Bind off loosely.

Cut yarn, leaving an 8-inch (20.32-cm) tail, and pull through. Weave in ends. Block if desired.



Instructions: Queen Size Gratitude Blanket

(90 inches x 90 inches or desired length)

Instructions: Use the long tail cast on. Knit flat, turning after each row. Make color changes as your joyful memories change. You can start a new row or just start knitting mid-row with a new, happy color for each knitting session.

Row 1: Cast on 328 stitches. (328 stitches) Turn.

Rows 2 – 359: k 328. (328 stitches). Turn. [Work should measure 89.75 inches at this point]

Row 360: Bind off loosely.

Cut yarn, leaving an 8-inch (20.32-cm) tail, and pull through. Weave in ends. Block if desired.

